



29th January 2021

Dear Parents,

I hope that you and your families are well and settling into the world of remote education. I thought it may be nice to share some resources with you which you and your families will hopefully find useful.

Reporting, advice and support

With children spending more time on the internet during lockdown, it's more important than ever to know the best reporting and support routes, should you be worried about something online. This 'ParentInfo' article signposts to reporting, advice and support services available for children and families:

[https://parentinfo.org/article/child-online-safety-during-lockdown-where-to-report?utm_source=Thinkuknow&utm_campaign=f4fd0dd4ee-TUK ONLINE SAFETY AT HOME 05 05 20&utm_medium=email&utm_term=0 0b54505554-f4fd0dd4ee-64775237](https://parentinfo.org/article/child-online-safety-during-lockdown-where-to-report?utm_source=Thinkuknow&utm_campaign=f4fd0dd4ee-TUK%20ONLINE%20SAFETY%20AT%20HOME%2005%2005%2020&utm_medium=email&utm_term=0_0b54505554-f4fd0dd4ee-64775237)

Mental health support

Please see below links to new 'ParentInfo' articles which explore how parents and carers can support their child's mental health, and highlight things you can do to manage the wellbeing challenges of family life under lockdown:

[https://parentinfo.org/article/surviving-family-life-under-lockdown?utm_source=Thinkuknow&utm_campaign=f4fd0dd4ee-TUK ONLINE SAFETY AT HOME 05 05 20&utm_medium=email&utm_term=0 0b54505554-f4fd0dd4ee-64775237](https://parentinfo.org/article/surviving-family-life-under-lockdown?utm_source=Thinkuknow&utm_campaign=f4fd0dd4ee-TUK%20ONLINE%20SAFETY%20AT%20HOME%2005%2005%2020&utm_medium=email&utm_term=0_0b54505554-f4fd0dd4ee-64775237)

[https://parentinfo.org/article/where-can-your-child-get-mental-health-support-online-during-lockdown?utm_source=Thinkuknow&utm_campaign=f4fd0dd4ee-TUK ONLINE SAFETY AT HOME 05 05 20&utm_medium=email&utm_term=0 0b54505554-f4fd0dd4ee-64775237](https://parentinfo.org/article/where-can-your-child-get-mental-health-support-online-during-lockdown?utm_source=Thinkuknow&utm_campaign=f4fd0dd4ee-TUK%20ONLINE%20SAFETY%20AT%20HOME%2005%2005%2020&utm_medium=email&utm_term=0_0b54505554-f4fd0dd4ee-64775237)

Online safety learning

Finally, the Thinkuknow website has some great information for children with some fun activities to help widen their knowledge of staying safe on-line. Most children we be familiar with this as we have used it in class.

<https://www.thinkuknow.co.uk/>

I hope that you find this information helpful and please do contact the school if we can support or advise you on these or any other online concerns.

Many Thanks

Mary Steele

